

Bronchiolitis: How Do You Know When It's More Than A Cold?



Most babies experience coughs and sniffles, but sometimes it may be more than a cold.

Bronchiolitis is a lung infection that causes inflammation of the small airways in the lungs (called the bronchioles). This can make it difficult for some children to breathe!



PREVENTION:

The viruses that cause bronchiolitis are very common and easily spread. It is not possible to prevent the condition altogether, but there are some **simple steps to reduce the chances of your child getting bronchiolitis.**¹

Mild symptoms can be managed at home, with most recovering within

2-3 weeks

But in some instances medical assistance (GP or hospital admission) will be needed.¹

RISK:

Babies are at greater risk of developing severe bronchiolitis if they were **born prematurely (babies born at less than 37 weeks), have a heart or lung condition or another immunodeficiency condition.**¹

Immunisations may be given to babies and children for certain illnesses including winter-related illnesses. Your doctor will be able to advise you which immunisations your child may need.³

Around **one in three** babies

will get bronchiolitis before their **first birthday.**²



For more information on the symptoms and when to seek medical assistance visit:
www.morethanacold.co.uk

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More than a cold



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References: 1. NHS Choices Bronchiolitis. Available from <http://www.nhs.uk/conditions/Bronchiolitis/pages/introduction.aspx> Accessed August 2016 2. NICE (2016) Bronchiolitis in children. National Institute for Health and Care Excellence guideline. Available from <https://www.nice.org.uk/guidance/qs122/resources/bronchiolitis-in-children-75545355217093> Accessed July 2016 3. AbbVie More than a cold website. Available from <https://www.morethanacold.co.uk/about-bronchiolitis/who-is-most-at-risk/> Accessed August 2016

Date of preparation: June 2016 Zinc number: AXSYN161411